

## INGREDIENTS

Each capsule contains:  
Ginger Extract 20:1  
50mg Equivalent to  
1000mg of dried Root,  
Microcrystalline  
Cellulose, Magnesium  
Stearate

DO NOT EXCEED THE STATED  
DOSE.

STORE IN A COOL DRY PLACE  
KEEP OUT OF REACH OF  
CHILDREN

Manufactured to the GMP code of  
practice BS: EN 9001:2000 Quality  
Assured Certification  
Made in the UK.



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NATURESBOND 

# Ginger

90 CAPSULES  
1000 mg

FOOD SUPPLEMENT



## DIRECTIONS

Take one to three capsules daily with  
food.

## CAUTION

Pregnant or lactating women should  
consult a doctor before using any  
product

## ALLERGY ADVICE

This product is free from Gluten, Nuts,  
Yeast, Salt, Sugar, Artificial Colours,  
Flavours and Preservatives.

## CONSUMER INFORMATION

Ginger is known as a “warming” herb  
and can have soothing effects on the  
digestive system. Ginger is often  
recommended to expectant mothers to  
help with morning sickness and  
travellers for travel sickness.  
DO NOT TAKE SUPPLEMENTS AS A  
SUBSTITUTE FOR A VARIED BALANCED  
DIET

[www.naturesbond.co.uk](http://www.naturesbond.co.uk)

0845 838 5964

Supports a Healthy Digestive System