

INGREDIENTS

Folic Acid 400mcg (200 % RDA)

Contains:

Dicalcium Phosphate,
Cellulose, Magnesium
stearate, Folic Acid.

STORE IN A COOL DRY PLACE.

KEEP OUT OF REACH OF
CHILDREN. DO NOT EXCEED
THE STATED DOSE.

DO NOT TAKE SUPPLEMENTS
AS A SUBSTITUTE FOR A VARIED
BALANCED DIET.

Manufactured to the GMP code of
practice BS: EN 9001:2000 Quality
Assured Certification
Made in the UK.

NATURESBOND 

Folic Acid

400 mcg

FOOD SUPPLEMENT

Essential for development of your baby
before & during pregnancy
Supports Heart Health



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DIRECTIONS

Take one tablet a day with food.

CONSUMER INFORMATION

The Government's chief Medical Officer recommends a daily supplement of 200mcg Folic Acid for all women planning a pregnancy and during the first three months of pregnancy. Research has shown that Folic Acid may aid the healthy development of the unborn baby.

Important Nutrient for Women

www.naturesbond.co.uk

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