

INGREDIENTS

Vitamin A 800mcg, Vitamin D 5mcg,
Vitamin E 10mg

Contains:

Cod Liver Oil, Vitamin A (Palmitate),
Vitamin D3, Vitamin E (d-alpha
tocopherol), Capsule Shell (Gelatine,
Glycerine).

**DO NOT TAKE SUPPLEMENTS AS A
SUBSTITUTE**

**FOR A VARIED BALANCED DIET.
DO NOT EXCEED THE STATED DOSE.**

STORE IN A COOL DRY PLACE

KEEP OUT OF REACH OF CHILDREN

Manufactured to the GMP code of
practice BS: EN 9001:2000 Quality
Assured Certification
Made in the UK.



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NATURESBOND 

Cod Liver Oil

550mg

90 CAPSULES

FOOD SUPPLEMENT



DIRECTIONS

Take one capsule daily, preferably
with a meal

CAUTION

Pregnant or lactating women should
consult a doctor before using any
product.

ALLERGY ADVICE

Contains fish and sulphites.

www.naturesbond.co.uk

0845 838 5964

Promotes Joint, Brain, Skin, Heart and Immune Health