

INGREDIENTS

Each capsule contains:
5-HTP Extract 20:1 (5mg),
Providing 100mg 5 HTP,
Microcrystalline
Cellulose, Stone Ground
Rice Powder, Magnesium
Stearate

KEEP OUT OF
REACH OF CHILDREN.
DO NOT EXCEED
THE STATED DOSE.
STORE IN A COOL, DRY PLACE.

Manufactured to the GMP code of
practice BS: EN 9001:2000 Quality
Assured Certification
Made in the UK.



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5-HTP

NATURESBOND 

90 CAPSULES
100mg

100% PURE

DIRECTIONS

Take one to three capsules daily with food.

CAUTION

This product may cause drowsiness. If you are under medical supervision, consult a doctor before using this product. Pregnant or lactating women should consult a doctor before using any product.

ALLERGY ADVICE

Contains sulphites

CONSUMER INFORMATION

5-HTP (natural Amino Acid
5-Hydroxytryptophan) may
help to maintain a balanced and
relaxed outlook.

DO NOT TAKE SUPPLEMENTS AS A SUBSTITUTE
FOR A VARIED BALANCED DIET

www.naturesbond.co.uk
0845 838 5964